



# Activity Report 2014 - 15



## Hindu Seva Pratishthana

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# From the Director's Desk

It was in December 2013 that the executive team of Hindu Seva Pratishthana met to reflect on the journey of 3 decades and also prepare a roadmap for the next few years. We have made the beginnings in many areas to translate those resolutions into reality.

Running projects and institutions is not the core objective of HSP. The intention of running projects is only to present role models for other organizations in respective fields. Towards this, various capacity building programs were organized for volunteers and staff in all our projects, systems and processes refined in many of them.

HSP has acted as an incubation center for various projects since its inception and when the projects attain the maturity to run on their own, they have become independent organizations. Youth for Seva which started in 2007 to enable large number of youth to become change agents was registered as an independent trust in 2012. Today YFS operates in Bangalore, Chennai, Hyderabad, Delhi and few other smaller towns. On the same lines, we registered 'NELE foundation' as a separate trust in 2014 to run NELE homes for destitute to bring more professionalism and focus.

To consolidate our programs for children with special needs, Aruna Chetana and Manonanda have been brought under Manonandana trust. As of now of a total of 4 schools are run under the trust.

Seva Kirana has been established to provide after school tuitions to the needy children in the slums of Bengaluru. It's a

matter of pride that the number of centers have grown from 47 in 2013 to nearly 100 in 2014.

To expand our reach in the rural areas, Seva Mitra project was launched in 2014 and has seen phenomenal growth in one year. Under this program, one dedicated volunteer, known as Sevamitra is identified in each Gram panchayat. They are trained to conduct programs in the areas of education, health, cultural and value education, farming, vocational training and any other programs based on the local needs. In the very first year, we were able to engage 90 people as Sevamitras and they are working in Shirahatti, Teerthahalli and Chikkaballapur taluks. Coming years will see more growth in this program.

In recognition of the dedication of our volunteers and the impact they have created in the society, our trust was bestowed with a National Award on 28-5-2015 on the occasion of Savarkar Day, which has left us overwhelmed and further motivated to serve the society at large.

All these were made possible because of the immense dedication of the volunteers and the generous contributions from the well-wishers. We sincerely look forward to more renewed support and participation from every one in the coming years.





## Hindu Seva Pratishthana

### Vision & Mission

HSP aims to create a self-reliant society where people have a sense of social responsibility and service.

HSP serves people based on the ethos of pluralism to ensure happiness for all without any discrimination of religion, region, language or any other differences.



# NELE

[www.nelehsp.org](http://www.nelehsp.org)

Nele, for destitute children is a place to call as their own, where they learn the ways of good living and experience the joy called home. Started in the year 2000 with 15 kids, today Nele has 9 different units all over Karnataka with a total of 135 boys and 100 girls. There are 6 centers in Bengaluru, one each in Mysore, Shimoga and Tumkur.



## Highlights

- ✦ The girls of Nivedita Nele are being imparted Computer Skills, spoken English lessons, Crafts classes and Yakshagana classes. Girls from Nivedita performed their maiden Yakshagana dance drama on the occasion of HSP's Annual day on December 9<sup>th</sup> 2014. All the participants were spell bound by their nearly professional performance.
- ✦ Students of Nivedita Nele participated in elocution about Swami Vivekananda in their schools and secured prizes.
- ✦ Children from Chandana, Namma Mane and Narendra Neles took part in Kabbadi competitions at the Taluk level and secured the first and second positions.
- ✦ Suresh and Lakshminarayan took part in their College Athletics competition and in the 400m race secured the first prize.
- ✦ On the occasion of Kanakadasa Jayanthi, the children of Namma Mane Nele went to Kaaginele and volunteered.
- ✦ Chandana Nele, Narendra Nele had organized a Medical camp in the month of October and December. Over 500 children got their health scrutinized.



# NELE - SWAVALAMBANA

## Skill Development Center



What started in 2007 with 2 tailoring machines and in 2013 with computers training, has so far trained 735 women in tailoring and 201 youth in computers and spoken English. Overall, 28 batches of tailoring and 25 batches of computer training have been imparted at the center.

### Highlights

- ✦ During 2014-15, 128 women were trained in tailoring and 107 youth in computers and spoken English. Rotary has played a major role in supporting the computer training center.
- ✦ Savitha Jyothi, who were illiterate women are now running their own enterprise in tailoring.
- ✦ All the women participated in 'Swachch Bharat' campaign and have decided not to bring plastic to the center. They also stitched many cloth bags to replace plastic bags.
- ✦ Over 1,600 people from nearby slums participated in the health camp held in December 2014.
- ✦ A workshop on Yoga and home remedies was organized for all trainees.



# SEVA MITRA

This is a new initiative in this year where young volunteers, called 'Sevamitra', are selected one for each Gram Panchayat area and he/she carries out various community service programs in that region. In the very first year, we were able to enroll 54 such 'Sevamitra' workers who have started activities in 132 villages.

## Highlights

- ★ 36 tuition centres are enhancing learning for 698 children.
- ★ 4781 children participate in weekly Balagokulams to learn values and culture.
- ★ 20 mobile libraries are creating interest in reading among children in rural areas.



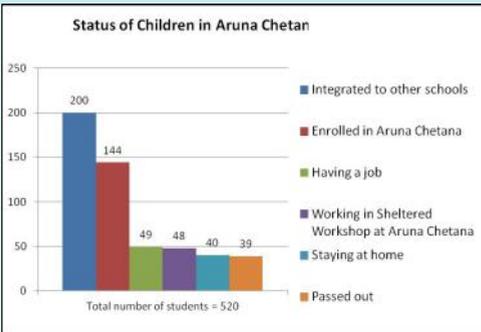
Aruna Chetana, a school for children with special needs has been serving the differently abled from past 27 years. The school's objective is to provide a comprehensive service to children with multiple disabilities with an aim of bringing them to mainstream.

The children are administered physiotherapy, speech therapy and aculaser therapy in order to ensure well balanced healthcare. The children are also provided with vocational training.



# ARUNA CHETANA

[www.arunachetana.org](http://www.arunachetana.org)



## Highlights

- ✦ 60 children were provided with 'Niramaya' health cards from the government which entitles them to free medicines and other health related expense reimbursements.
- ✦ 25 children were enrolled in for a government stipend of Rs.1,200/month.
- ✦ With the support of Arunachetana, SevaBharati in Mudhol(North Karnataka) has opened a similar school and their staff were trained by Arunachetana.
- ✦ Annual day was celebrated with all colours and festivities during February 2015.
- ✦ 8 children from the school have successfully forayed into the regular school for higher education.
- ✦ Various workshops were conducted for teachers to hone their skills.
- ✦ 2 teachers successfully completed their B.Ed. with a First Class. 2 teachers completed their Diploma course in Special Education.
- ✦ Students from M S Ramaiah Institute, Indian Institute of Science and Banjaara Academy completed their academic project work at Arunachetana.
- ✦ Students from Maharani Lakshmi Ammanni, MES College and Mount Carmel College spent quality time for about two hours every week with the children.
- ✦ Employees from Cisco systems volunteered to conduct sports day.
- ✦ Arunachetana students participated in 'World Disability Day' at Rajajinagar Yuvaka Kendra and bagged 6 Gold, 5 Silver and 8 Bronze medals.
- ✦ Our school secured the first and second prizes in the State level Group and Solo dance competitions.
- ✦ Two students qualified for the North Zone tournament in Special Olympics and secured 3rd position.



# PRASANNA APTASALAHA KENDRA (Counseling Center)

The counseling center was established in 1980 under the guidance of Ms. M.C. Pankaja. The mission of the Kendra is to provide counseling and psychiatric treatment to individuals in distress.

## Highlights

- ✦ 1,200 people have benefitted from the free counseling services.
- ✦ 2,400 people availed psychiatric counseling services.
- ✦ Two-day orientation program for New Century High School in Nelamangala, Bangalore, was attended by parents and students. This was followed by an additional five-day program was also conducted for teachers.
- ✦ Eight day program for students from MES college of Management, Bangalore
- ✦ One day program for Adarsh Business Management College, Bangalore.
- ✦ Six counselors provide to daily counseling service at Abalashrama, Bangalore.
- ✦ 4 counselors assisted Mahila Sahayavani – a project by Bangalore City Police to offer help for women in distress.
- ✦ 40th batch of lay counselors training saw 70 people completing the course successfully. It's a six-month course with four months of theory and two months of practical work. Aspirants include working professionals, home makers and retired citizens.
- ✦ An internship program for PG students of psychology, counseling and psychotherapy is also offered.
- ✦ Changing society triggers a number of counseling issues which arise due to the lack of basic knowledge of legal issues. Hence the Legal cell was started in 2013. The Legal cell educates the clients and provides essential legal knowledge and free legal advice on issues related to counseling.

## Quality Improvement for counselors

- ✦ Highly interactive case presentation is held on the last Thursday of every month. The focus is to analyze the approach, techniques and management of cases by counselors and outcomes in an open discussion.
- ✦ An open house under the guidance and supervision of expert psychiatrist doctors.

# MAKKALA MARGADARSHI KENDRA

## (Child Guidance Center)

Child Guidance Center (CGC), since its inception in 2003, is involved in providing free guidance to children who are found deficient in education and also children affected by mental afflictions.

### Highlights

- ✦ Counseling sessions were conducted for children from underprivileged families admitted to private schools under RTE to bridge the gap and help them adjust to private schools. This was done for 12 days during April 2013.
- ✦ Training programs for school teachers were conducted for 7 weeks on Saturday afternoon during Sep 6 - Oct 11, 2014. 57 teachers benefitted from this workshop.
- ✦ Training for Child Guidance Counselors was conducted from Oct 18th to Feb 14th on every Saturday. 25 counselors benefitted from the training.
- ✦ Dr. Nalini N.R conducted a workshop on effective parenting on 8th August 2014.
- ✦ Smt. Vatsala conducted an orientation for staff of NELE home for destitute children on understanding children from troubled family backgrounds.

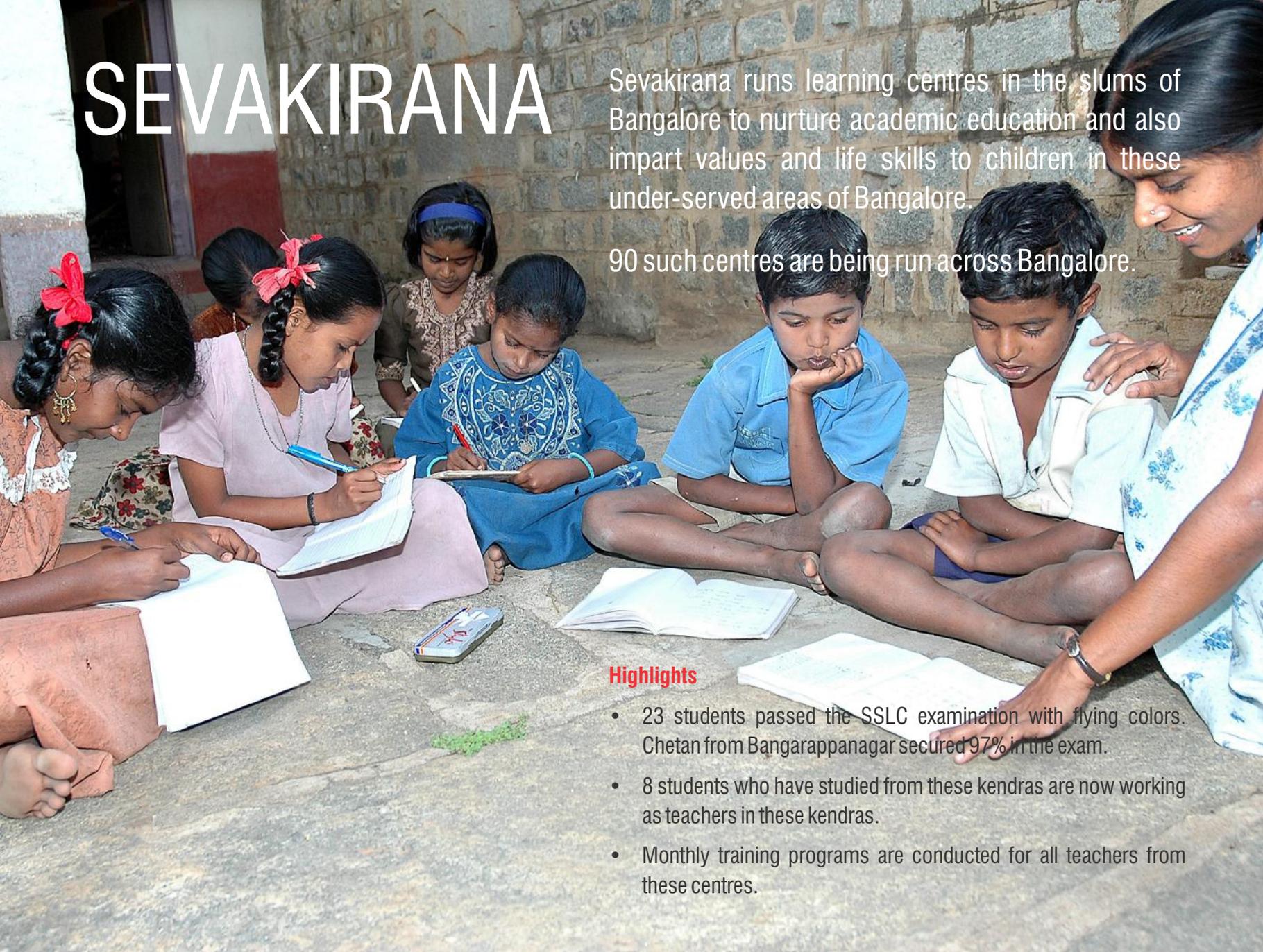
A total of 288 children( Boys-198 and Girls-90) were served during 2014-15. Here is a snapshot of issues addressed:

ADHD	20
Bed Wetting	10
Conduct Problems	70
Developmental Problems	12
Emotional Problems	56
Speech and Hearing Ailments	6
Learning Disabilities	97
School Refusals	6
Somatic Problems	3
Psychosis	8
<b>Total Number of Children</b>	<b>288</b>

# SEVAKIRANA

Sevakirana runs learning centres in the slums of Bangalore to nurture academic education and also impart values and life skills to children in these under-served areas of Bangalore.

90 such centres are being run across Bangalore.

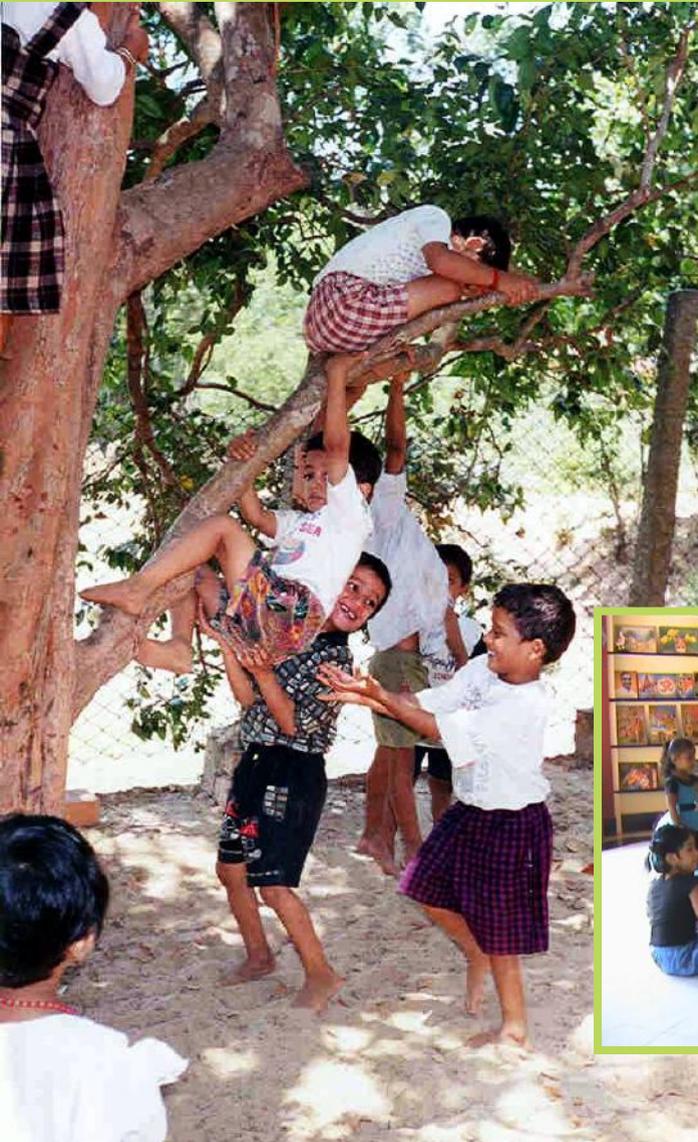


## Highlights

- 23 students passed the SSLC examination with flying colors. Chetan from Bangarappanagar secured 97% in the exam.
- 8 students who have studied from these kendras are now working as teachers in these kendras.
- Monthly training programs are conducted for all teachers from these centres.

# SAMAGRA SHISHU SHIKSHANA

## (Integral Child Education)



Samagra Shishu Shikshana is a research project of HSP where various model Shishu Mandira(pre-schools) are run to facilitate comprehensive development of a child. There is no pressure on kids here and the atmosphere is one of joy and enthusiasm.

Currently 40 such Shishu Mandirs are running across Karnataka.

### Highlights

- Annual training camp for teachers was held from 10th to 25 of May, 2015. Forty two teachers from nine districts felt enriched from this camp.
- Seminar for newly wed couples were held in 14 Shishu Mandirs and 262 couples participated in the seminar.
- Araluva Moggu', a quarterly magazine on Shishu Shiksana is eagerly looked forward to by many parents and teachers.
- Audio CDs were released with catchy rhymes in Kannada for children.



# YOGA BHARATHI

Yoga Bharati aims to inculcate the importance of yoga in day-to-day life among the people. It helps them in leading a happy and peaceful life. It has two major centres across Bangalore - one in Girinagara and another center in Yelahanka.

Yogashree in Girinagara has been running from past 27 years under the able guidance of Ms. Vanithakka.

## Highlights of Yogashree

- ✦ 712 people participated in daily yoga classes.
- ✦ 1054 attended 24 Yoga camps.
- ✦ 34 serious seekers participated in advanced Sadhana camp.
- ✦ 450 Yoga enthusiasts did 108 Surya Namaskars on Ratha Saphami festival.
- ✦ On Independence day, a program was organized to honor the servicemen and five students were awarded scholarships.





# VIDYACHETANA

Vidyachetana was started in 2009 with the aim of providing the children with an underprivileged background educational support. Vidyachetana is sketched out with the intention to create community outreach centres; assist in the fields of education, health, and vocational training in economically backward areas.

[www.vidyachetana.org](http://www.vidyachetana.org)

## Highlights

- Covering 100 Government schools and 65 Private schools
- Educating 1,500+ children in 2014-15
- Educated 4,500 children till date
- Running 36 learning centres
- Operating 4 computer labs for students and youth
- Children from Karnataka, Andhra Pradesh, Tamil Nadu, Kerala and Assam are being supported

## Vidyachetana Plus

Vidyachetana Plus is a program to support higher education to children who have aced their SSLC examination. As on today, 70 children are part of this program and we hope the numbers would increase this year.

## Multimedia Based Education

Vidyachetana launched multi-media based education facility for the children at 6 learning centres. The centres are equipped with a TV, a computer, learning material on DVDs on Science, Social Studies, and Mathematics.

## Computer Centres for Students

On August 22, 2014, a team of volunteers from CISCO traveled to two villages in Tumkur district, Kallambella and Tharuru to take part in the inauguration of the computer centres. Around 80 students in 12 batches have been benefitted from these centres. They are trained on the basic use of computers and some tools such as Tally, MS Word, MS Excel, Notepad, Wordpad, and MS Office.





# CORPORATE ENGAGEMENTS

As part of the Corporate Social Responsibility program, Dell, Cisco, EMC, and many other corporate teams are supporting the education programs in 38 schools across Bangalore. Mahindra Comviva is supporting Nele centres.

## EMC<sup>2</sup> School Adoption Program

EMC<sup>2</sup> adopted 3 schools in Bangalore to create a positive impact on students by providing academic and non-Academic support and also spreading the digital literacy among school students.

The following activities were carried out as part of this program:

- Computer lab was setup in all the 3 schools to enable the learning with the help of dedicated computer teachers. Computer Basics is being taught as a regular subject in these schools.
- Science fair organised with the help of Agastya Foundation, pioneers in propagating the scientific temper among school children
- Volunteers from EMC<sup>2</sup> actively participated in the Independence Day and Children day celebrations at these schools
- Career counseling sessions for Class X students to provide insight to various options ahead.

**EMC<sup>2</sup>**  
where information lives<sup>®</sup>

**Mahindra**  
COMVIVA

**CISCO**



**intuit.**  
simplify the business of life



- Mahindra Comviva is providing financial support and its employees are actively volunteering at Nele homes.
- Cisco employees participated in Sports day of Aruna Chetana school
- Dell employees sponsored water purifiers in 10 schools across rural areas of Shira Taluk, Tumkur Dist and in Bangarpet Taluk, Kolar Dist.
- Intuit provided bicycles to boys at Nele.



**Purity, Patience  
and  
Perseverance  
are the three essentials  
to success,  
and above all,  
LOVE.**

—Swami Vivekananda

**Executive Team**

Sri Sridhar Sagar, Managing Trustee  
Sri Suresh, Director  
Sri Venkatesha Murthy, Joint Director  
Sri S. Rajanna, Treasurer  
Sri D.M. Kiran, Trustee  
Dr. Vijayalakshmi Deshmane, Trustee  
Sri K. Narayana, Trustee  
Sri Gopal Chettiyar, Trustee  
Smt. Asha Jagadeesh Gatty, Trustee  
Sri Ramaswamy Reddy, Trustee  
Smt. Vijaya S., Trustee